Summer Solstice Ancestral Journey VI Sun in Cancer June 20, 2012 Sunrise at 5:36am

We come from the water and we return to the water. Water is our origin. Water is forgiving of us, and our abuse of it. The shore reminds us of our loss. The litter gathers and fish wash ashore. The pull of the waves are perpetual -- restoring all, returning us to our origins.

I sink into the sand and at the same time become submerged in the water. Eventually the water pulls me back into its embrace. I drift out into the depths of its womb. Returned.

Barbara Bickel